

Is the Anytime Learning Portal right for my community?

Your roadmap to better care

Give your company the Anytime advantage.
Help them achieve career excellence and compliance with our
eLearning and training services.

Learning About Living...



Anytime
Learning Portal

Providing care for seniors has always been tough and meaningful work, but now more than ever we are seeing changes in resident acuity that require we provide better, just-in-time staff training.

For over a decade, SeniorLivingU has produced the tools to help your company stay compliant with ever-changing regulations and understanding seniors needs.

Our eLearning library offers unique, high quality courses that are written by experts in the senior living field. **They are designed to ease the process of managing training compliance through accessible reports that show individual employee training completion.** Our topics have a wide range including those that are perfect for the seasoned staff member, or the new hire that is entering the long term care field for the first time.

What are the advantages of the Anytime Learning Portal?

- **Courses can be accessed from a variety of devices.**
 - Don't be tied to your desk! Travel your community and access learning on a smartphone, laptop or other mobile devices.
 - No need to spend hours on in person trainings!
- **Our eLearning courses offer material on demand and allow staff to work at their own pace, on any shift!**
 - Educate on your own schedule with the convenience of eLearning on demand 24/7!
 - Assign mandatory or optional eLearnings from our eLearning Library to your co-workers.
- **Curriculum that meets the needs of your staff.**
 - Trainings address regulatory compliance in the state of PA.
 - Our courses cover a variety of topics and are organized into the following categories:
 - Clinical Considerations • Dementia • Direct Care • In-Services

Co-Worker Onboarding



As an administrator, having well trained, knowledgeable, engaged and compliant staff is critical in providing person-centered care. Our onboarding courses are designed to engage a new co-worker, teach them about resident care and help them to meet state regulatory expectations. These onboarding courses cover a variety of topics, all aligned with state compliance. Co-workers learn about everything from fire safety, to resident rights and confidentiality.

Onboarding eLearnings include:

Abuse and Neglect

Confidentiality

Fire Safety

Person Centered Care

Reportable Incidents

Residents Rights

Safe Management Techniques

Hazard Prevention

What to do in an Emergency

Safe Management Techniques

Additional onboarding courses are available to enhance the process for caregivers specifically.



Clinical Considerations



As residents continue to be challenged with various chronic conditions, nurses and administrators can benefit from understanding chronic disease symptoms and treatments. With our tools and courses, clinicians have the ability to provide the highest quality of care for seniors. Not only can they continue their education and training, senior care clinicians can also become prepared to handle any situation in the field.

These courses are designed with LPNs and other clinical staff in mind; content and terminology are appropriate for advanced clinical staff who need to review and enhance their knowledge.

eLearning Courses Available:

Clinical Considerations courses in our SLU library are NAB approved for 0.75 CEUs



- **Focus on Anticoagulant Therapy**
- **Focus on Chronic Obstructive Pulmonary Disease**
- **Focus on Congestive Heart Failure**
- **Focus on Diabetes**
- **Focus on Dysphagia**
- **Focus on Falls**
- **Focus on Impaired Physical Mobility**
- **Focus on Incontinence**
- **Focus on Indwelling Urinary Catheters**
- **Focus on Infection**
- **Focus on Ostomies**
- **Focus on Pain**
- **Focus on Wounds**
- **Basic First Aid**

Understanding Dementia



Alzheimer's disease and dementia can severely impair the daily lives of senior residents if the appropriate care approach is not utilized. Our online courses explain the signs and symptoms of Alzheimer's and dementia, allowing assisted living staff to recognize mental cognitive decline and ensure person-centered care for all residents.

In addition, SeniorLivingU's products cover topics such as the creation of meaningful cognitive activities and the different communication styles that can be utilized with individuals developing Alzheimer's or dementia.

eLearning Courses Available:

Additional courses are available, see our index.

Introduction to Dementia

- Learn what the first signs and symptoms of dementia are and discover the difference between Alzheimer's disease and normal aging.

Understanding Dementia & Mental Illness

- An introduction to the conditions of dementia as well as mental illness.

All Behavior Communicates

- This lesson is all about expressing ourselves, even without words.

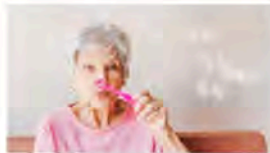
Caregiver Approaches

- Much of resident's behavior is impacted by our own approaches. Learn how to adapt and change your approach to meet the resident's need.

Activities of Daily Living (ADLs)

- Learn about empathy, compassion and person centered care while providing for daily care needs.

Eating and Drinking - When Dementia Complicates it



Direct Care



The state of PA requires various courses for initial and ongoing regulatory compliance. These trainings make compliance and training easy for administrators.

As a caregiver for seniors, being able to effectively assist residents in a timely, methodical manner is crucial. With SeniorLivingU's programs and resources, becoming knowledgeable and prepared to provide senior care is easier than ever.

Our direct care library provides a wealth of knowledge for individual caregivers looking to enhance their training. Topics range from resident mobility, infection control, abuse and neglect and mobility.



eLearning Courses Available:

Additional courses are available, see our index.

- Assisted Living - A New Approach to Care
- Resident Rights for PA
- Abuse and Neglect
- Aging Sensitivity
- Normal Aging
- Mobility
- An Overview of Moving
- Moving Techniques
- Infection Control
- Bloodborne Pathogens

eLearning Course Index

Administration

- Building an Activity Program
- Care Expectations and Resident Service Plans
- Development, Updating, and Implementation of Individualized Service Plans (ISPs) in Assisted Living
- Making a Good First Impression on the Phone
- Meeting the Needs of Your Team
- Pennsylvania DHS Required Forms
- Phone Etiquette
- Professionalism in a Healthcare Setting
- Rehabilitation Services
- Supporting Caregivers- Leadership Strategies for Stress Management and Communication
- Supporting Caregivers- Leadership Strategies for Stress Management and Communication
- The Resident Assessment Process ISPs
- Transitions and Coordination of Services
- Understanding and Dealing with Family Issues

Alzheimer's

- All Behavior Communicates
- Assessing Acuity, Cognitive, & Functional Status
- Alzheimer's Disease and Related Disorders: Medical Insights for Quality Care
- Alzheimer's Introduction
- Alzheimer's Related Agitation
- Alzheimer's Related Wandering
- Care for Residents with Vascular Dementia
- Caregiver Approaches

- Communicating with Dementia Residents and Their Caregivers
- Communicating with Residents
- Creating a Safe Environment
- Creating a Therapeutic Environment in a Memory Care Neighborhood
- Dementia ADLs
- Dementia and Other Possibilities
- Dementia-Caregiver Approach
- Eating and Drinking- When Dementia Complicates It
- Ethical Challenges and Choices in Dementia Care
- Introduction to Alzheimer's Disease and its Stages-Video Lesson
- Introduction to Dementia and Alzheimer's Disease
- Managing Dysfunctional Behaviors in Dementia
- Moments of Dignity-Supporting Families Through Person-Centered Care Planning in Dementia
- Resisting Care
- Rights and Choices for Persons with Dementia
- Safety and Activities in Dementia
- Stages of Alzheimer's and Dementia Progression
- Understanding and Managing Difficult Behaviors
- Understanding Normal Aging vs Dementia
- Understanding Various Types of Dementia for Assisted Living

eLearning Course Index

CEU Courses

- A Management Reference for Executive Directors - 2022 (14)
- Alzheimer's Disease and Related Disorders (3.25)
- Basic First Aid (1)
- Caring for Residents Experiencing a Heart Attack (0.5)
- Clinical Focus on Anticoagulant Therapy (0.75)
- Clinical Focus on Congestive Heart Failure (0.75)
- Clinical Focus on Infection (0.75)
- Clinical Focus on Ostomies (0.75)
- Clinical Focus on Pain (0.75)
- Clinical Focus on Chronic Obstructive Pulmonary Disease (1)
- Clinical Focus on Diabetes (0.75)
- Clinical Focus on Dysphagia (0.75)
- Clinical Focus on Falls (1)
- Clinical Focus on Impaired Physical Mobility (0.75)
- Clinical Focus on Incontinence (0.75)
- Clinical Focus on Indwelling Urinary Catheters (0.75)
- Clinical Focus on Infection (0.75)
- Clinical Focus on Wounds (0.75)
- Creating a Therapeutic Environment in a Memory Care Neighborhood (1.25)
- Fluid Replacement and the Challenges for the Older Adult (0.5)
- Management & Care of Residents with Contagious or Communicable Diseases (1)
- Pennsylvania Fire Safety Train the Trainer (2)
- Taking Administration to the Next Level (11)
- Caring for Residents with Arthritis
- Caring for Residents with a Heart Attack
- Caring for Residents with COPD
- Caring for Residents with Hearing Loss
- Caring for Residents with Type 2 Diabetes
- Changing Conditions in Residents
- Common Chronic Diseases
- Common Disease and Normal Aging
- Fluid Replacement in the Older Adult
- Introduction to Osteoporosis
- Mastering the Med Pass
- Medical Conditions to Report to the Nurse
- Medication Management
- Medical Management Information, Education, and Support
- Medication Self-Administration
- Medication Supervision, Assistance, Administration and Management
- Normal Aging
- Observing Body Functions
- Observing & Reporting Conditions
- Recognizing Resident Changes
- Reducing the Use of Antipsychotic Drugs
- Restorative Nursing Programs
- Safe Med Pass: Pharmacology Essentials for Direct Care Workers
- The Comfort Connection: Understanding and Managing Pain in Assisted Living
- Understanding and Caring for Residents with Arthritis
- Vital Signs: Blood Pressure & Weight
- Vital Signs: Temperature, Pulse, & Respiration

Clinical/Nursing

- Adverse and Desired Medication Reactions
- Assisting Residents with Vision Impairment
- Cardiovascular Disease and Caring for Residents

eLearning Course Index

Compliance and Quality

- Abuse & Neglect
- Biomedical Waste Management
- Confidentiality
- Cybersecurity & Password Management
- Cybersecurity Training for Senior Living Business End Users
- Every Note Counts: Best Practices for Resident Care Documentation
- Fair Housing in Assisted Living
- Freedom to Move: Gentle Alternatives to Restraints in AL
- HIPAA Basics
- HIPAA Privacy Act
- Identifying and Reporting Human Trafficking in Assisted Living
- Misappropriation and Financial Abuse in Assisted Living
- Navigating Complaints in Assisted Living
 - Proper Use of Restraints
- Protection of Resident Property
- Quality Assurance & Performance Improvement (QAPI) Programs
- Resident Rights and Self Determination
- Restraint Use
- Reportable Incidents and Conditions
- Reporting Major and Adverse Incidents in AL
- Sexual Harassment
- The Resident Assessment Process ISPs
- The Role of the Ombudsman in Assisted Living
- Understanding the Difference Between Personal Care Services and Skilled Care
- Understanding the Older Adult Protective Services Act (OAPSA)

Emergency Preparedness

- Accident and Injury Prevention in Assisted Living Settings
- Equipment that Saves Lives
- Fire Safety
- Fire System Impairment
- Resident Incident and Accident Prevention in a Skilled Nursing Facility
- Responding to Elopement
- Safety Management and Hazard Prevention
- The Why of Fire Safety
- What to do in an Emergency
- When Seconds Matter: Emergency Evacuation for Residents with Dementia
- Why Fire Safety Matters in an Assisted Living Community

Infection Control

- Bloodborne Pathogens
- From Kitchen to Table: Safe, Nutritious, and Sanitary Practices in Assisted Living
- Handwashing
- Infection Control
- Infection Risks in the Older Adult
- Management & Care of Residents w/Contagious or Communicable Diseases
- Nutrition, Food Handling & Sanitation
- Safe Management Techniques Version 1
- Safe Management Techniques Version 2
- Sharps Safety Starts with You
- The Cycle of Cleaning Resident Rooms

eLearning Course Index

Mental Health & Disabilities

- Basic Restorative Measures to Meet Psychosocial Needs
- Coworker Burnout
- Crisis Resolution & Suicide Prevention in Assisted Living
- Goals for Residents with Specific Disabilities
- IDD Training for Frontline Staff
- Mental Disorders- Understanding and Care
- Mental Illness Recognition & Nursing Implications in Assisted Living
- Protecting Residents with IDD
- Recognition of Usual Response to Others
- Supporting Residents with IDD
 - Transition Trauma
- Tuned into Behavior
- Understanding Dementia and Mental Illness
- Understanding Traumatic Brain Injury
- Wellness – 7 Psychosocial Needs of Residents

Principles & Ethical Considerations

- Advanced Directives and DNR Orders
- Aging Sensitivity
- Assisted Living – A New Approach to Care
- Caregiver Approach is Critical for Success
- Cultural Competency
- Cultural Diversity and the Older Adult
- Customer Service and Resident-Centered Care in Assisted Living
- Effectively Communicating with Families
- Dining with Dignity

- Doing the Right Thing-Navigating Ethical and Legal Issues in Assisted Living
- Effectively Communicating with Families
- Observational Skills in Assisted Living
- Person Centered Care
- Philosophy & Principles of Independent Living in Assisted Living
- Preventing the Heart of Care: A Violence-Free Workplace
- Pride in Caring- Building Inclusive Communities
- Promoting Dignity, Independence, Individuality, Privacy & Choice
- Restraint Use in Assisted Living
- Understanding the Characteristics and Needs of Residents in Assisted Living

Additional Offerings

- Aging Gracefully - The Role of Physical Activity in Senior Health
- Arkansas Etiology, Philosophy, and Treatment Overview of Dementia
- Congregate Care in Florida
- Driver Training in Assisted Living
- Finding Fitness- DVD Version
 - Florida Incident Reporting
- Florida Resident Rights
- Michigan Needlestick

Beyond eLearning: Training Programs & Resources

Live Training • Manuals • DVDs • Downloads • Certificate Programs

Additional learning resources are available. See our Training & Product Index on the next page.

- **Administrator & Management Resources**
- **Alzheimer's & Dementia Resources**
- **Resident Care & Clinical Resources**
- **Risk & Safety Resources**



Training & Product Index

Administrator & Management Resources



A Management Reference For
Executive Directors – Admin
Level 1 Certificate Program

\$425.00



A Management Reference
for Executive Directors –
Administrator Level 1
Manuals ONLY

\$300.00



A Management Reference For
Executive Directors– Admin Level 1
Exam Only (Corresponds with
2022 Edition Manuals)

\$225.00



A Management Reference For
Executive Directors- BELTCA
(Nevada) Edition – Admin Level 1
Program

\$425.00



Admin. 1 BELTCA Quiz Packet

\$100.00



Caregiver Corner In-Services
– Volume 1

\$135.00



Caregiver Corner In-Services
– Volume 2

\$135.00



Covid-19 Info-graphic Packet
– Instant Download

\$30.00



Covid-19 Instant Download
Packet Volume 2

\$30.00

Training & Product Index



Developing a Community Life Program for Assisted Living

\$165.00



Developing a Community Life Program for Assisted Living Certification Program

\$245.00



Developing a Community Life Program for Assisted Living Exam

\$50.00



Direct Care Worker Annual Trainings

\$75.00



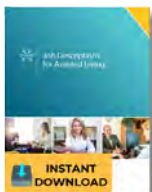
Emergency Preparedness Manual

\$165.00



Housekeeping in Assisted Living - Manual

\$115.00



Job Descriptions for Assisted Living

\$200.00



Next Level Essentials: Advanced Care Planning & Partnering with Hospice

\$45.00



Next Level Essentials: Care Expectations & Resident Service Plans

\$45.00

Training & Product Index



**Next Level Essentials:
Embracing Change,
Motivating Your Team &
Building Teams**
\$45.00



**Next Level Essentials:
Family & Risk
Management, Risk
Management Tools and
Avoiding Lawsuits**
\$45.00



**Next Level Essentials: The
Balancing Act, Step-by-
Step Budget Building &
Capital Budgets**
\$45.00



**Recruiting, Hiring &
Retaining the Best:
Attracting Qualified
Candidates - Instant
Download**
\$50.00



**Recruiting, Hiring &
Retaining the Best:
Creating an Effective
Recruitment Plan - Instant
download**
\$50.00



**Recruiting, Hiring &
Retaining the Best:
Interviewing Skills for
Selecting the Best -
Instant download**
\$50.00



**Recruiting, Hiring &
Retaining the Best:
Screening for Star
Performers - Instant
Download**
\$50.00



**Relationship Selling -
DVD**
\$115.00



**Taking Administration to
the Next Level -
Certificate Program**
\$425.00



**Taking Administration to
the Next Level - Exam
Only**
\$225.00



**Taking Administration to
the Next Level - Manuals
Only**
\$300.00

Training & Product Index

Alzheimer's & Dementia Resources



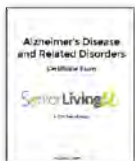
Agitation – DVD
\$115.00



**Alzheimer's and Dementia
Care – DVD Package of 5
Individual DVDs**
\$415.00



**Alzheimer's Disease and
Related Disorders –
Certificate Program**
\$240.00



**Alzheimer's Disease and
Related Disorders (Exam
Only)**
\$80.00



**Alzheimer's Disease and
Related Disorders (Exam
Only)**
\$80.00



**An Introduction to
Alzheimer's Disease – DVD**
\$115.00



**Communicating with
Residents Who Have
Alzheimer's Disease – DVD**
\$115.00




Resisting Care – DVD
\$115.00




Wandering – DVD
\$115.00

Training & Product Index

Resident Care & Clinical Resources




Abuse & Neglect – Play, Pause, Review!
\$175.00



Activities of Daily Living – DVD Set
\$265.00




Activities of Daily Living – Manual
\$95.00



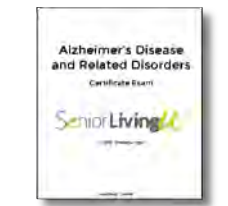
Activities of Daily Living (ADLs) – Play, Pause, Review!
\$250.00




Alzheimer's and Dementia Care – DVD Package of 5 Individual DVDs
\$415.00



Alzheimer's Disease and Related Disorders – Certificate Program
\$240.00



Alzheimer's Disease and Related Disorders (Exam Only)
\$80.00



Alzheimer's Disease and Related Disorders (Manual Only)
\$195.00




An Introduction to Alzheimer's Disease – DVD
\$115.00



Bathing – DVD
\$300.00



Blood Pressure and Weight – DVD
\$115.00



Caregiver Corner In-Services Volume 1
\$300.00

Training & Product Index



Caregiver Corner In-Services – Volume 2
\$135.00



Communicating with Residents Who Have Alzheimer's Disease – DVD
\$115.00



Developing a Community Life Program for Assisted Living
\$165.00



Developing a Community Life Program for Assisted Living Certification Program
\$245.00



Developing a Community Life Program for Assisted Living Exam
\$50.00



Direct Care Worker Annual Trainings
\$75.00



Eating, Drinking, Toileting, Transferring – DVD
\$115.00



Finding Fitness – DVD
\$115.00



Infection Control... Begins with You! – Manual & DVD Training Set
\$325.00



Medication Management in Assisted Living – DVD
\$115.00



Medication Training – Comprehensive Staff Training Package
\$1,250.00



Medication Training – Instructor's Guide
\$175.00

Training & Product Index



Mouth Care, Grooming and Dressing – DVD
\$115.00



Next Level Essentials: Care Expectations & Resident Service Plans
\$45.00



Observing and Reporting Changes in Condition – DVD
\$115.00



Reducing Resident Falls – DVD
\$115.00



Temperature, Pulse, and Respiration – DVD
\$115.00



Vitals – Play, Pause, Review!
\$175.00

Training & Product Index

Risk & Safety Resources



**Covid-19 Info-graphic Packet
– Instant Download**
\$30.00



**Covid-19 Instant Download
Packet Volume 2**
\$30.00



**Emergency Preparedness
Manual**
\$165.00



**Infection Control... Begins
with You! – Manual & DVD
Training Set**
\$325.00



**Next Level Essentials: Family &
Risk Management, Risk
Management Tools and Avoiding
Lawsuits**
\$45.00



Reducing Resident Falls – DVD
\$115.00

Let us help you to navigate the eLearning maze...

Please contact us if you would like to learn more about eLearning with the Anytime Learning Portal through SeniorLivingU!

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Your *Anytime* Support Team

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Need a specific topic covered and don't see it in our library?

Contact us and we will work to meet your training needs!

See more on the benefits of the Anytime Learning Portal and get a peek at the system by watching our demo on YouTube. Go to www.youtube.com and search:

"Anytime Learning Portal - SeniorLivingU"