

I Am All of These Things and More

By Daney Tracey

I am a retired English Professor, who am I?

I am 86 years old, how old am I?

I have three children, who are they?

I live in Pennsylvania, where am I?

I am all of these things and more.

*I hear; maybe not all of the words that you say or I might even
misinterpret some of these things.*

I see; maybe not as good as I used to.

I feel; maybe sometimes lost, scared or confused.

I hear; will you talk to me?

I think; will you try to understand for me?

I see; will you help direct me?

I feel; will you reach out and touch me?

I need all of these things and more.

Patience for when I am confused.

Understanding for my changing mood.

Respect for the feelings that I currently feel.

Dignity for the person that I am, once was and will be.

*Most of all, I want you to still love me; for me. I am so much more than
just a disease.*

*I may get lost in time, hear things in a different way, say things that may
or may not be true, I might say things that do not come out the right
way or I may not even recognize you.*

Who am I? I am dementia.

I am all of these things and more.

I think, see, feel and hear. I am me, not just a disease.

*Treat me with respect, compassion, care and concern but most of all
treat me with dignity.*

I am still me.